

## READINESS FOR HOSPITAL DISCHARGE STUDY -- ADULT FORM ©

Please fill in the circle next to your answer. The answers are on a 10-point scale from 0 to 10. The words below the number indicate what the 0 or the 10 means. Pick the number between 0 and 10 that best describes how you feel. For example, circling number 7 means you feel more like the description of number 10 than number 0 but not completely.

1. How physically <b>ready</b> are you to go home?	<div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>1   2   3   4   5   6   7   8   9   10</span> </div> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>Not ready</span> <span>Totally ready</span> </div>
2. How would you describe your <b>pain</b> or <b>discomfort</b> today?	<div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>1   2   3   4   5   6   7   8   9   10</span> </div> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>No pain/ discomfort</span> <span>Severe pain/ discomfort</span> </div>
3. How would you describe your <b>strength</b> today?	<div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>1   2   3   4   5   6   7   8   9   10</span> </div> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>Weak</span> <span>Strong</span> </div>
4. How would you describe your <b>energy</b> today?	<div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>1   2   3   4   5   6   7   8   9   10</span> </div> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>Low energy</span> <span>High energy</span> </div>
5. How <b>emotionally</b> ready are you to go home today?	<div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>1   2   3   4   5   6   7   8   9   10</span> </div> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>Not ready</span> <span>Totally ready</span> </div>
6. How would you describe your <b>physical ability</b> to care for yourself today (for example, hygiene, walking, toileting)?	<div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>1   2   3   4   5   6   7   8   9   10</span> </div> <div style="display: flex; justify-content: space-between; font-size: 0.8em;"> <span>Not able</span> <span>T</span> </div>

