

READINESS FOR HOSPITAL DISCHARGE SCALE – ADULT – RN ASSESSMENT SHORT FORM ©

You are being asked to assess the readiness for discharge of your hospitalized patient. Please complete the form within the 4 hours before the patient leaves your unit.

Please fill in the circle next to your answer. The answers are on a 10-point scale from 0 to 10. The words below the number indicate what the number represents.

1. How physically ready is your patient to go home?	0 1 2 3 4 5 6 7 8 9 10 Not ready Totally ready
2. How would you describe your patient's energy today?	0 1 2 3 4 5 6 7 8 9 10 Low energy High energy
3. How much does your patient know about problems to watch for after going home?	0 1 2 3 4 5 6 7 8 9 10