

READINESS FOR HOSPITAL DISCHARGE SCALE POSTPARTUM

12. How much do you know about who and when to call if you have problems after you go home?	0 1 2 3 4 5 6 7 8 9 10 Know nothing at all Know all
13. How much do you know about restrictions (what you are allowed and not allowed to do) after you go home?	0 1 2 3 4 5 6 7 8 9 10 Know nothing at all Know all
14. How much do you know about follow-up medical care you and your baby need after you go home?	0 1 2 3 4 5 6 7 8 9 10 Know nothing at all Know all
15. How much do you know about services and information available to you in your community after you go home?	0 1 2 3 4 5 6 7 8 9 10 Know nothing at all Know all
16. How well will you be able to handle the demands of life at home?	0 1 2 3 4 5 6 7 8 9 10 Not at all Extremely well
17. How well will you be able to perform your personal care (for example, care of your stitches, incision, breast care, hygiene, bathing, toileting, eating)?	0 1 2 3 4 5 6 7 8 9 10 Not at all Extremely well
18. How well will you be able to perform baby care ?	0 1 2 3 4 5 6 7 8 9 10 Not at all Extremely well
19. How much emotional support will you have after you go home?	0 1 2 3 4 5 6 7 8 9 10 None A great deal
20. How much help will you have with your personal care after you go home?	0 1 2 3 4 5 6 7 8 9 10 None A great deal
21. How much help will you have with household activities (for example, cooking, cleaning, shopping, babysitting) after you go home?	0 1 2 3 4 5 6 7 8 9 10