

READINESS FOR HOSPITAL DISCHARGE SCALE RN POSTPARTUM FORM ©

Please check or circle your answer. Most of the responses are on a 10-point scale from 0 to 10. The words below the number indicate what the 0 or the 10 means. Pick the number between 0 and 10 that best describes how you feel. For example, circling number 7 means you feel more like the description of number 10 than number 0 but not completely.

1. How physically ready is your patient to go home?	0 1 2 3 4 5 6 7 8 9 10 Not ready Totally ready
2. How would you describe your patientø	

12. How much does your patient know about who and when to call if she has problems after going home?	0 1 2 3 4 5 6 7 8 9 10 Knows nothing at all Knows all
13. How much does your patient know about restrictions (what she is allowed and not allowed to do) after going home?	0 1 2 3 4 5 6 7 8 9 10 Knows nothing at all Knows all
14. How much does your patient know about follow-up medical care she and her baby need after going home?	0 1 2 3 4 5 6 7 8 9 169(