

Post-Discharge Coping Difficulty Scale ©
Adult Form

Since you have been home from the hospital:

<p>1. How stressful has your life been?</p> <p>What has been stressful?</p>	<p>0 1 2 3 4 5 6 7 8 9 10</p> <p>Not at all Extremely</p>
<p>2. How much difficulty have you had with your recovery?</p> <p>What has been difficult?</p>	<p>0 1 2 3 4 5 6 7 8 9 10</p> <p>None at all A great deal</p>
<p>3. How much difficulty have you had with caring for yourself?</p> <p>What has been difficult?</p>	<p>0 1 2 3 4 5 6 7 8 9 10</p> <p>None at all A great deal</p>

4. How much difficulty have you had with managing your medical condition?

What has been difficult?

7. How much emotional support have you needed?

0 1 2 3 4 5 6 7 8 9 10
None at all A great deal