

CURRICULUM VITAE

Stephen M. Saunders, Ph.D.

Professor of Psychology
Director of Clinical Training
Cramer Hall #328E
604 N. 16th Street
Milwaukee WI 53233

Department of Psychology
Marquette University
P.O. Box 1881
Milwaukee, WI 53201-1881
(414) 288-7459

EMPLOYMENT

August, 2010 – present

Professor
Chairperson (2017 - present)
Director of Clinical Training (2010 - 2017)
Department of Psychology, Marquette University, Milwaukee, WI.

August, 2002 – July, 2010

Associate Professor
Director of Clinical Training (2002 - 2010)
Director of the Center for Psychological Services (2002 - 2003)
Department of Psychology, Marquette University, Milwaukee, WI.

August, 1994 - 2002

Assistant Professor
Director of Clinical Training (1999 - 2002)
Director of the Center for Psychological Services (1997 - 2002)
Department of Psychology, Marquette University, Milwaukee, WI.

EDUCATION

2002 Postdoctoral Fellowship in Clinical Psychology and Rehabilitation Research, Institute for Community Integration, University of Minnesota, Minneapolis, MN.

1991 Postdoctoral Fellowship in Clinical Psychology and Adolescent Health, Adolescent Health Program, University of Minnesota, Minneapolis, MN.

1990 Doctor of Philosophy (Ph.D.), Northwestern University, Department of Psychology, Evanston, IL.

1987 Masters in Arts (M.A.), Northwestern University, Department of Psychology, Evanston, IL.

1985 Bachelor of Science (B.S.), Northwestern University, Department of Psychology, with Departmental Honors, Evanston, IL.

CLINICAL POSITIONS

August, 2017 - present

Clinical Psychologist (Part Time, Independent Practice).

August, 2003

TEACHING EXPERIENCE

MARQUETTE UNIVERSITY, MILWAUKEE, WI (1994 - PRESENT)

Honors Program Seminar (HOPR010) (“Mental Health and Mental Illness as Social Constructs”)

Honors Program Seminar (HOPR010) (“Rock and Roll as a Reflection of the American Psyche”)

Introduction to Inquiry (ARSC007)

Personality Theory I: Psychoanalytic and Behavioral Theories (PSYC 133)

Personality Theory II: Humanistic Theories (PSYC 134)

Abnormal Psychology (PSYC 137)

Introduction to Clinical Psychology (PSYC 139/4701)

Field Placement in Psychology (PSYC 194)

Independent Study in Psychology (PSYC 195/4995)

Independent Study in Psychology (PSYC 199//4999)

History and Theoretical Foundations of Psychology (PSYC 201)

Advanced Statistics and Design I (PSYC 224)

Advanced Statistics and Design II (PSYC 8102)

Advanced Statistics and Design III (PSYC 226)

Introduction to Therapeutic Practice (PSYC 250)

Clinical Interviewing (PSYC 8321)

Theories of Psychotherapy (PSYC 251)

Advanced Practicum in Clinical Psychology (PSYC 353/8965)

Consultation and Supervision Strategies (PSYC 354/8360)

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General Psychology (PSYC 001)

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UNIVERSITY OF MINNESOTA, MINNEAPOLIS, MN (1992-1993)

"Techniques of Group Therapy." Seminar, Department of Psychiatry Resident Training.

"Adolescent Mental Health: Innovations, Treatment and Service Delivery." Workshop sponsored by Adolescent Health Program.

"Adolescent Suicide: Assessment and Intervention." Workshop sponsored by Community Services Department.

NORTHWESTERN UNIVERSITY, EVANSTON, IL (1986-1989)

Psychology of Personality.

Psychopathology. (University College).
Teaching Assistant, Introduction to Psychology.
Teaching Assistant, Cognitive Psychology.
Teaching Assistant, Psychopathology.
Teaching Assistant, Linear Models: Correlation and Regression.
Teaching Assistant, General Experimental Psychology.
Teaching Assistant, Statistical Methods in Psychology.
Teaching Assistant, Psychology of Personality.

LOYOLA UNIVERSITY, CHICAGO, IL (1988)

Laboratory in Social Psychology.

BOOKS

- Saunders, S.M. (Under contract.) *A Review of Martin Luther's Cognitive and Behavioral Advice to Depressed and Anxious Christians*. Concordia Publishing House, St. Louis, MO.
- Saunders, S.M. (2019). *A Christian Guide to Mental Illness, Volume 2: Understanding and Utilizing the Mental Health Treatment System*. Northwestern Publishing House, Milwaukee, WI.
- Saunders, S.M. (2016). *A Christian Guide to Mental Illness, Volume 1: Recognizing and Understanding Mental Illness in the Church and School*. Northwestern Publishing House, Milwaukee, WI.
- Saunders, S. & Wojcik, J.V. (2003). *The Health Dynamics Inventory Technical Manual*. Multi-Health Systems, Toronto.

PUBLICATIONS

PEER-REVIEWED

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clinical significance methodology to alcoholism treatment trials: Determining recovery outcome status with individual- and population-based measures. *Alcoholism: Clinical and Experimental Research*, 29, 1991-2000.

, S.M. & Wojcik, J.V. (2004). The reliability and validity of a brief self-report

significance." *Psychotherapy Research*, 6, 124-132.

, S.M., Resnick, M.D., Hoberman, H.M., & Blum, R.W. (1994). Formal help-seeking behavior of adolescents identifying themselves as having mental health problems. *Journal of the American Academy of Child and Adolescent Psychiatry*, 33, 718-728.

Sloan, I.H., Rozensky, R.H., Kaplan, L., & , S.M. (1994). A shooting incident in an elementary school: Effects of worker stress on public safety, mental health, and medical personnel. *Journal of Traumatic Stress*, 7, 565-574.

, S.M. (1994). Ask the expert: Adolescent depression and suicide. *Youth Talk*. Augsburg Fortress.

, S.M. (1993). Applicants' experience of the process of seeking therapy. *Psychotherapy*, 30, 554-564.

, S.M., Howard, K.I., & Orlinsky, D.E. (1989). The Therapeutic Bond Scales: Psychometric characteristics and relationship to treatment outcome. *Psychological Assessment: A Journal of Consulting and Clinical Psychology*, 1, 323-330.

, S.M., Howard, K.I., & Newman, F.L. (1988). Evaluating the clinical significance of treatment effects: Norms and normality. *Behavioral Assessment*, 10, 207-218.

NOT PEER-REVIEWED (INVITED CHAPTERS, ARTICLES AND MANUALS)

Holly, L., Petrik, M. & , S.M. (In press). Evaluation of psychotherapy. In H.I. Kaplan & B.J. Sadock (Eds.), *Comprehensive Textbook of Psychiatry (11th ed.)*. Philadelphia, PA: Lippincott, Williams & Wilkins.

Petrik, M. & , S.M. (2017). Evaluation of psychotherapy. In H.I. Kaplan & B.J. Sadock (Eds.), *Comprehensive Textbook of Psychiatry (10th ed.)*. Philadelphia, PA: Lippincott, Williams & Wilkins.

Lutz, W., Stulz, N., Martinovich, Z., Leon, S., & Saunders, S. M. (2013). Patient-focused Research in Psychotherapy: Me

the good of counselling and psychotherapy: The benefits explained. London: Sage Publications.

, S.M. (2001). *Instructor's resource manual for Comer's Fundamentals of Abnormal Psychology (third edition)*. New York: Freeman.

, S.M. (2000). *Instructor's resource manual for Comer's Abnormal Psychology (fourth edition)*. New York: Freeman.

Howard, K.I., Krasner, R.F., & , S.M. (2000). Evaluation of psychotherapy. In H.I. Kaplan & B.J. Sadock (Eds.), *Comprehensive Textbook of Psychiatry (7th ed.)* (pp. 2217-2224). Philadelphia, PA: Lippincott, Williams & Wilkins.

Lueger, R.J., , S.M., Howard, K.I., Vessey, J.T., & Nunez, P.R. (1999). Entering psychotherapy: Probabilities, routes and finances. In N. Miller & K. McGruder (Eds.), *Cost effectiveness of psychotherapy* (pp. 63-71). New York: Oxford Press.

, S.M. (1999). It has been amply demonstrated that psychotherapy is effective. In C. Feltham (Ed.), *Controversies in Psychotherapy and Counseling* (pp. 74-85). London: Sage Publications.

, S.M. (1997). Forced counseling for pastors: Misusing authority and misunderstanding the field of psychology. In J. R. Fehrmann and D. Preus (Eds.), *Office of the Holy Ministry* (pp. 279-293). Crestwood, MO: Luther Academy.

, S.M. (1996). Stigma obstructs proper care. *Update* (Alliance for the Mentally Ill Newsletter), 4-5.

Hoberman, H.M., Clarke, G.N., & , S.M. (1996). Psychosocial interventions for adolescent depression: Issues, evidence, and future directions. In Hersen, M., Eisler, R.M., & Miller, P.M. (Eds.), *Progress in Behavior Modification, Vol. 30* (pp. 25-73). Pacific Grove, CA: Brooks/Cole.

Jensen, J.B. & , S.M. (1991). Depression in children. *Current Opinion in Psychiatry*, 4, 535-541.

Howard, K.I., Orlinsky, D.E., , S.M., Bankoff, E., Davidson, C., & O'Mahoney, M. (1991). The Northwestern/Chicago Psychotherapy Research Program. In L. Beutler (Ed.) *Psychotherapy Research Centers in the United States*, Washington, D.C.: American Psychological Association.

Howard, K.I., Cox, W.M., & , S.M. (1990). Attrition in substance abuse treatment research: The illusion of randomization. In Onken, L.S. & Blaine, J.D. (Eds.), *Psychotherapy and Counseling in the Treatment of Drug Abuse*. Rockville, MD: NIDA.

MANUSCRIPTS CURRENTLY UNDER REVIEW OR UNDER REVISION

Bowersox, N. & , S.M. Y+G , H\$1+- , =+\$] %1A%F() *+C\$)F%1+ ' \$%1F' +F=\$%FC\$)F+JA%1(FO+%&& , =H() *+ F, +\$J(H\$)&\$U

WORKSHOPS, SEMINARS, AND TRAINING PRESENTATIONS

, . . . *Understanding Trauma and Healing* Dr. (50 0 0 50 1079.517 523 Tm TT4 1 Tf [(U) (an -2 ((S

Understanding and Helping. Presented to Village Lutheran Church (LCMS), St. Louis, MO. (October 18, 2019).

, . . . *Martin Luther and Mental Illness: A Man of His Time, A Man Ahead of His Time*.

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. =\$/(\$)F\$H to Glory of Christ Lutheran Church, Plymouth, MN. (September 30, 2018).

, . . . and Maddux, J.E. *Clinical Supervision: Theory, Research, and Practice*.

. =\$/(\$)F\$H+F, +MSc Clinical Psychology Programme, University of the West Indies Trinidad. (February 18, 2016).

. =\$/(\$)F\$H+F, +3ACC\$=I)/F(FAF\$+,)+51()(&%1+ . /0&' , 1, *(&%1+3&(\$)&\$B+N)(J\$=/(H%HS+H, +. , =F, + . , =F, B+ . , =FA*%1. (0A10+!7B+D>!7).

. =\$/(\$)F\$H+F, +International Conference on Clinical Psychology. Titu Maiorescu University, Bucharest, Romania. (June 5, 2014).

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. =\$/(\$)F\$H+F, +MSc Clinical Psychology Programme, University of the West Indies Trinidad. (February 17, 2016).

. =\$/(\$)F\$H+F, +3ACC\$=I)/F(FAF\$+,)+51()(&%1+ . /0&' , 1, *(&%1+3&(\$)&\$B+N)(J\$=/(H%HS+H, +. , =F, + . , =F, B+ . , =FA*%1. (0A10+!SB+D>!7).

. =\$/(\$)F\$H+F, +International Conference on Clinical Psychology. Titu Maiorescu University, Bucharest, Romania. (June 4, 2014).

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, . . . *Mental Illness and Its Treatment: How Should Christians Understand? How Can Christians Help One Another?*

. =\$/(\$)F\$H to SpeakUp Conference, Indianapolis, IN. (November 20, 2017).

. =\$/(\$)F\$H to Annual Pastors Conference, North Wisconsin and South Wisconsin LCMS Districts. (February 20 & 21, 2017).

CONFERENCE PUBLICATIONS

, S.M. (June, 2007). Predicting change in spirituality, psychiatric symptomatology and drinking problems during treatment. *Proceedings of the Society for Psychotherapy Research Annual Meeting*, Madison, Wisconsin.

, S.M. (June, 2002). Pretreatment Variables Affecting the Process of Psychotherapy: Help-Seeking and Patient Characteristics. *Proceedings of the Society for Psychotherapy Research Annual Meeting*, Santa Barbara, California.

, S.M., Miller, M.L., & Kiel, A. (2008). Patients' and Clinicians' Attitudes Towards Discussing Religious and Spiri

presented to the 1998 CABHR Annual Conference "Applying Addictions Research to Practice."

, S.M. (1998, October). How addicts obtain professional help: An integrated review with special emphasis on relevance to clinicians. Paper presented to the 1998 Wisconsin Addictions Research Conference.

, S.M. (1997, September). The problems associated with forced counseling for pastors and a suggested alternative. Paper presented at the *Tenth Annual Lutheran Free Conference*, St. Cloud, MN.

, S. M. & Halligan, C. (1995, November). Mental Health Care. Presented to *The Changing Urban Healthcare Environment: Ethical Implications*. Forum sponsored by Marquette University and University of Wisconsin-Milwaukee.

Sloan, I., Rozensky, R.H., McSay, R., Kaplan, L., & , S.M. (1989, May). "Effects of a

Faculty Fellowship (SFF), Marquette University.

Saunders, S.M. (1995). *Developing a therapy manual for bulimia nervosa*. R03 Behavioral Science Track Award for Rapid Transition (B/START), submitted to the National Institute of Mental Health (NIMH), requesting \$25,000; denied.

Saunders, S.M. (1996). *Developing a behavioral health assessment measure*. R03 Behavioral Science Track Award for Rapid Transition (B/START), submitted to the National Institute of Mental Health (NIMH), requesting \$25,000; denied.

Saunders, S.M. (1998). *Categorizing managed care systems in order to examine their effects on access to alcohol problem treatment*. Summer Faculty Fellowship (SFF), Marquette University.

ICENSURE

State of Wisconsin, Licensed Psychologist (#1875)

State of Minnesota, Licensed Psychologist (expired)

PROFESSIONAL ORGANIZATIONS

American Psychological Association (APA)

Society for Psychotherapy Research (SPR)

PROFESSIONAL ACTIVITIES

PROFESSIONAL JOURNALS

Senior Associate Editor, *Journal of Clinical Psychology* (2008 – 2011)

Associate Editor, *Journal of Clinical Psychology* (1999 – 2008)

Purposes) (2008 – 2009)

PROFESSIONAL BOARDS

Board of Directors, Wisconsin Psychological Association (2002-2005)

Center Scientist, Center for Alcohol and Behavioral Health Research (2001-2005).

Executive Board Member, Center for Alcohol and Behavioral Health Research (1999-2004).

Consultant with the Committee on AIDS Research on the Commission on Behavioral and Social Sciences and Education, National Research Council (1988-1989).

COMMUNITY ACTIVITIES

President: Our Father's Lutheran Church, Greenfield, WI, 2019-present.

Board of Christian Education, Our Father's Lutheran Church, Greenfield, WI, 2009-2016.

Chair, Domestic Violence and Child Abuse Task Force, Lutheran Church Missouri Synod (International) 2011-present.

Board Member, Lutheran Church Missouri Synod, South District of Wisconsin, Board of Ministerial Health (2008-present).

Board of Directors, Juvenile Diabetes Research Foundation, Southeastern Wisconsin Chapter (2005-2010).

Church Elder: Our Father's Lutheran Church, Greenfield, WI, 1998-2002, 2006-2008; St. John's Lutheran Church, Racine, WI, 1995-1997.

Youth Sunday School Teacher: Our Father's Lutheran Church, Greenfield, WI, 1998-2007; St. John's Evangelical Lutheran Church, Racine, WI, 1994-1997.

Coach, Wisconsin Youth Baseball League, Summers, 2000-2006; Oak Creek Parks and Recreation, Boys Basketball Program, 1997-2002; Oak Creek Parks and Recreation Soccer Program, 1999-2001; Oak Creek Little League, 1994-2001; Southeast Wisconsin Kickers Soccer Association, 1996-1998.

Consultant, Ministerial Health Committee of South Wisconsin District of Lutheran Church Missouri Synod ("Recommendations for the Referral of Professional Church Workers to Receive Professional Mental Health Services"), February - November, 1999.