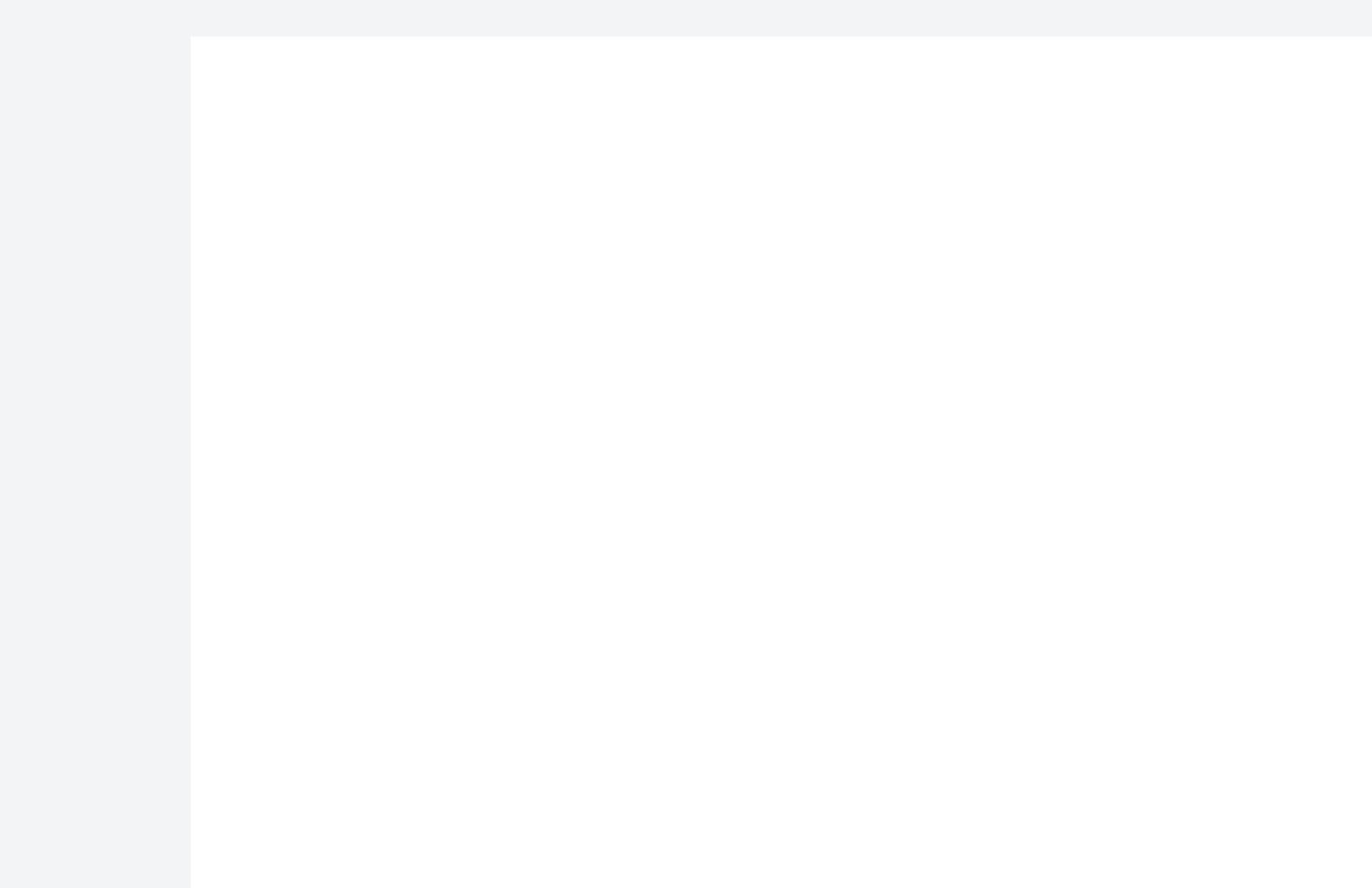


INCREASING INTELLECTUAL JOY THROUGH THE SEVEN AS

WORKBOOK





The ability for a person to be **self-directing and self-determining** to develop as a full and genuine person capable of **being trusted to make competent decisions**.

How and when are your actions or those of others... • Trusted? Trustworthy? ______ What role does psychological safety play in your autonomy or that of others? • What would it take for you or your workplace, or in another realm of your life, to grow in this What challenges and opportunities are presented by thinking about autonomy in these ways?



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How might doing so be helpful beyond being good for individual people in organizations, communities, regarding social issues, and so on?



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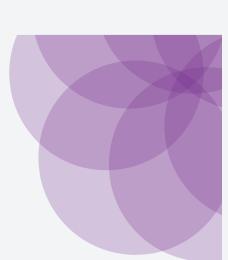
INCREASING INTELLECTUAL JOY: WORKBOOK

Increasing Intellectual Joy: Workbook

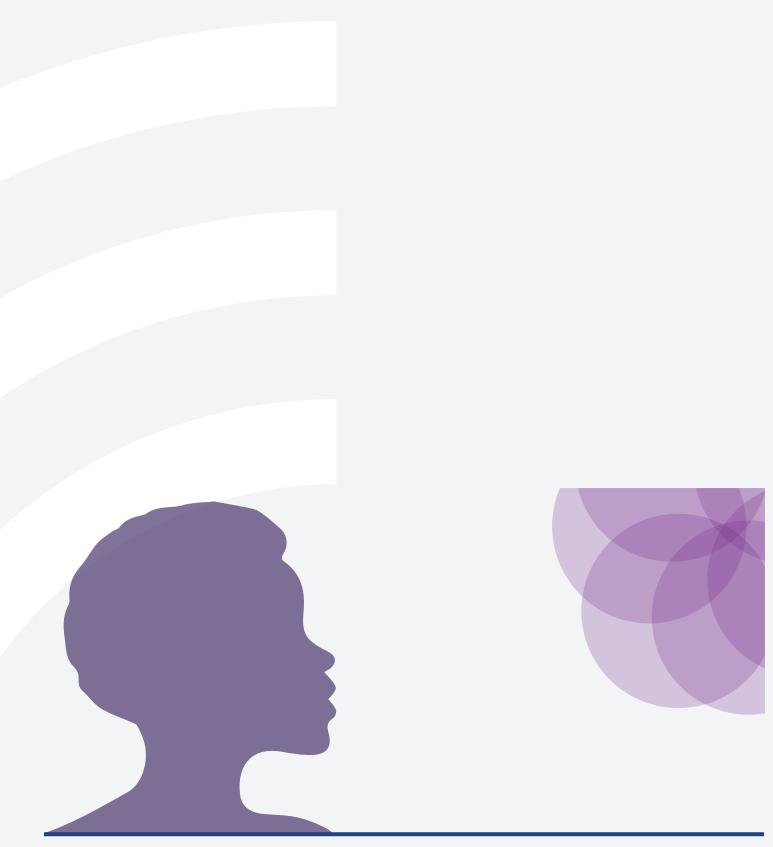


To hold people accountable for their actions in a positive way is to respect them as **authentic**, **autonomous selves** without them feeling inappropriately humiliated or punished. This accountability ourishes in **trustworthy and authentic organizations**.

How i	s accountability key to autonomy?
•	Why is it important for a person to be held accountable for their ideas?
When	does accountability seem negative or punitive in your own life or organization(s)?
What	kinds of feedback practices foster trustworthiness between employees and their employers
	ding accountability?
regare	and accountability:









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Strength	ns through Ampli cation:
Cl	hallenges with Ampli cation:
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 Strength	ns through Ampli cation:
Cl	hallenges with Ampli cation:
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— Strength	ns through Authenticity:
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— Strength	ns through Accountability:
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— Strenath	ns through Adoration:
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CI	hallow good with Adoration
<u></u>	hallenges with Adoration:
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At work, where/when you have experienced each A and where you have experienced barriers?					
Places I Experience Autonomy:					
Barriers to Autonomy I Experience:					
Places I Experience Advocacy:					
Barriers to Advocacy I Experience:					
Places I Experience Access:					
Barriers to Access I Experience:					
Places I Experience Ampli cation:					
Barriers to Ampli cation I Experience:					
Places I Experience Authenticity:					
Barriers to Authenticity I Experience:					



ization as a whole:			

LIVING WITH INTELLECTUAL JOY

Beyond work, consider how your intellectual joy is activated and increased.						
, and the second						

Consider how each of the As below applies to different aspects of your life or to your life generally beyond work.

	What i It R le i Y Life E e ie ce?	Whe e i It Mi i g F 🔑 Y Life E e ie ce?	H W ldY Like lt t Relate t Y Life E e ie ce?
Autonomy			
Advocacy			
Access			
Amplification			
Authenticity			
Accountability			
Adoration			

Re ect on where you have experienced each A outside of work and where you have experienced barriers. What barriers exist for you regarding intellectual joy in your life generally or non-work aspects of your life? What would it take to move yourself and others to experience more intellectual joy?

JOy :	Whe e/H I E e ie ce J th gh	Pe le Wh / Re ce that Hel ed Me E e ie ce Thi	Ba ie t M E e ie ce f J th gh	H I Might O e c 🗝 thi Ba ie /Pe le Wh Hel ed Me Na igate thi
Autonomy				
Advocacy				
Access				
Amplification				
Authenticity				
Accountability				
Adoration				

Increasing Intellectual Joy: Workbook Increasing Intellectual Joy: Workbook 28



laces I Experience Accountability:
Barriers to Accountability Experience:
laces I Experience Adoration:
Barriers to Adoration I Experience:
Where you have helped others experience intellectual joy? And what has that felt like for you?
Vhen you have experienced intellectual joy for yourself? What examples from your own experience re o890thjou?

The See A e lai ed he ea e i te ded t be ta tig i t f a i di id al, ga i ati, c it t thi kab t eal a t i c ea e i tellect alj. Ce tai l the e a e rea the elere t t i tellect alj.

Plea e e the ace bel f i di id al ha ed e ecti hat th e ele e t a bez a d the eed t ta t ith A.



ENGAGE. INSPIRE. TRANSFORM.

<u>Author</u>

Melissa M. Shew, PhD
IWL Co-Director & Professor of
Philosophy

EDITORIAL TEAM

Sarah Camp, MCE

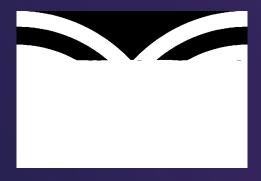
IWL Coordinator

Karalee Surface, PhD

IWL Leadership

Development Coordinator

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